

NZ dates for 2019 (1st half of the year)

Talking Mats Foundation Training Course



Delivered by Talking Mats Accredited Trainers from TalkLink Trust & Talking Trouble Aotearoa NZ

21 February 2019	Auckland
12 March 2019	New Plymouth
19 March 2019	Rotorua
2 April 2019	Dunedin
7 May 2019	Christchurch
18 June 2019	Wellington

Fee: \$250 per person. Fee includes a Talking Mats symbol set of your choosing (see below)

16 places maximum. More dates will be arranged if these courses are oversubscribed. We can deliver this course in other venues - contact us if you want a Talking Mats course delivered near you.

Could Talking Mats help you?

Talking Mats® has the potential for use with a wide range of people. It is a visual framework, which helps people think about issues and provides them with a way of expressing their views more easily e.g. how they feel about their activities, their skills, where they live, the care they receive, what their views are about topics that might be difficult to discuss e.g. their mental well-being, their safety, decisions about their future. Professionals using Talking Mats have included Occupational Therapists, Dieticians, Doctors, Nurses, Advocacy Workers, Service Planners, Social Workers, Speech-Language Therapists, Lawyers, Care Workers, Teachers, Rehabilitation Assistants, Researchers, Psychologists.

Talking Mats is a reflective listening tool that can help anybody have a conversation on a specific topic, but has been often used with people of all ages and abilities (children, young people and adults, and those with speech, language, communication and learning difficulties arising from a wide range of causes e.g. intellectual disability, stroke, dementia, neurological difficulties, mental health issues etc).

Course Format:

This one-day Foundation Training Course delivered by Talking Mats Accredited Trainers, combines hands-on experience of Talking Mats with role-play, discussion and reflection of the use of the tool in a variety of real-life situations. The morning will provide background information, experience opportunities to use Talking Mats, useful models to think about communication and complexity of language. There will also be film footage of a range of people with communication difficulties using Talking Mats. The afternoon will focus on using Talking Mats in real life situations and planning how to develop its use in participants' own work environment.

Each participant will receive a resource as part of the course (three sets of option cards) and will also have access to purchasing further sets at a much-reduced price. Participants select a resource most suited for their client group to accompany their training from the sets below.

							
Looking After Yourself Topics - Self-care, domestic life, work & education	Communication Topics – Expression, understanding, relationships, learning & thinking	Health Topics - Health, Mobility & Coping	Leisure & Environment Topics – Environment, leisure away & leisure home	Early Years Aged 3-7 Topics – My body & skills, my wider world, what I do & my support	Primary Aged 5-12 Topics – My body & skills, my wider world, what I do & my support	Secondary Aged 12+ Topics – My body & skills, my wider world, what I do & my support	Social Care Topics – You, activities & where you live

Advanced and specialist packs (Keeping Safe, Eating and Drinking and Advanced Care) are not provided as one of the choices included in the Foundation Training Course fee.

More information about Talking Mats in use can be found at www.talkingmats.com

Please submit registration or enquiries to: courses@talklink.org.nz