

Using hand gel



If you can not wash your hands with soap and water you can use hand gel.



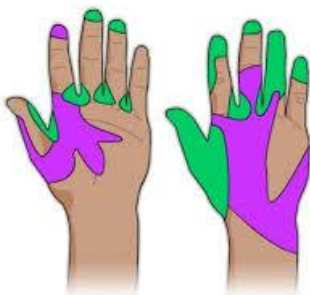
Squirt the hand gel onto the palm of your hand.



Rub your hands together so that the gel is all over your hands- even the back of your hands and between your fingers.



Do not wash the hand gel off. It will dry on your hands quickly. (20 seconds).



■ Sometimes missed
■ Frequently missed

The gel should be rubbed into your palms, thumbs, nails, in-between your fingers, and the backs of your hands.

The green and purple areas in the picture show where most of the germs hide.

