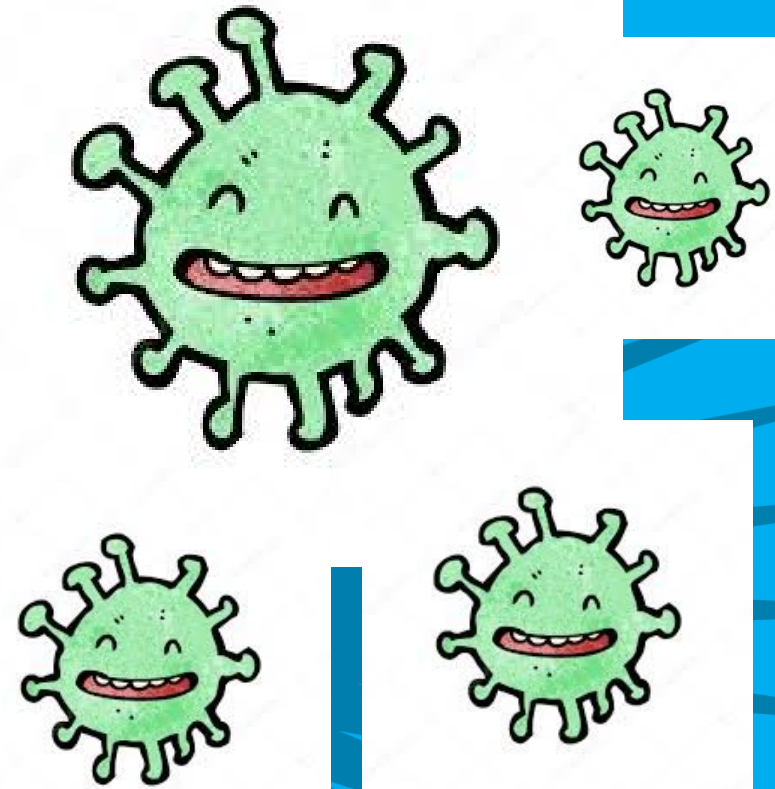




**My  
Superhero!**



**In the world there is a naughty germ called Covid19. Covid19 has lots of friends and they are hard to see.**



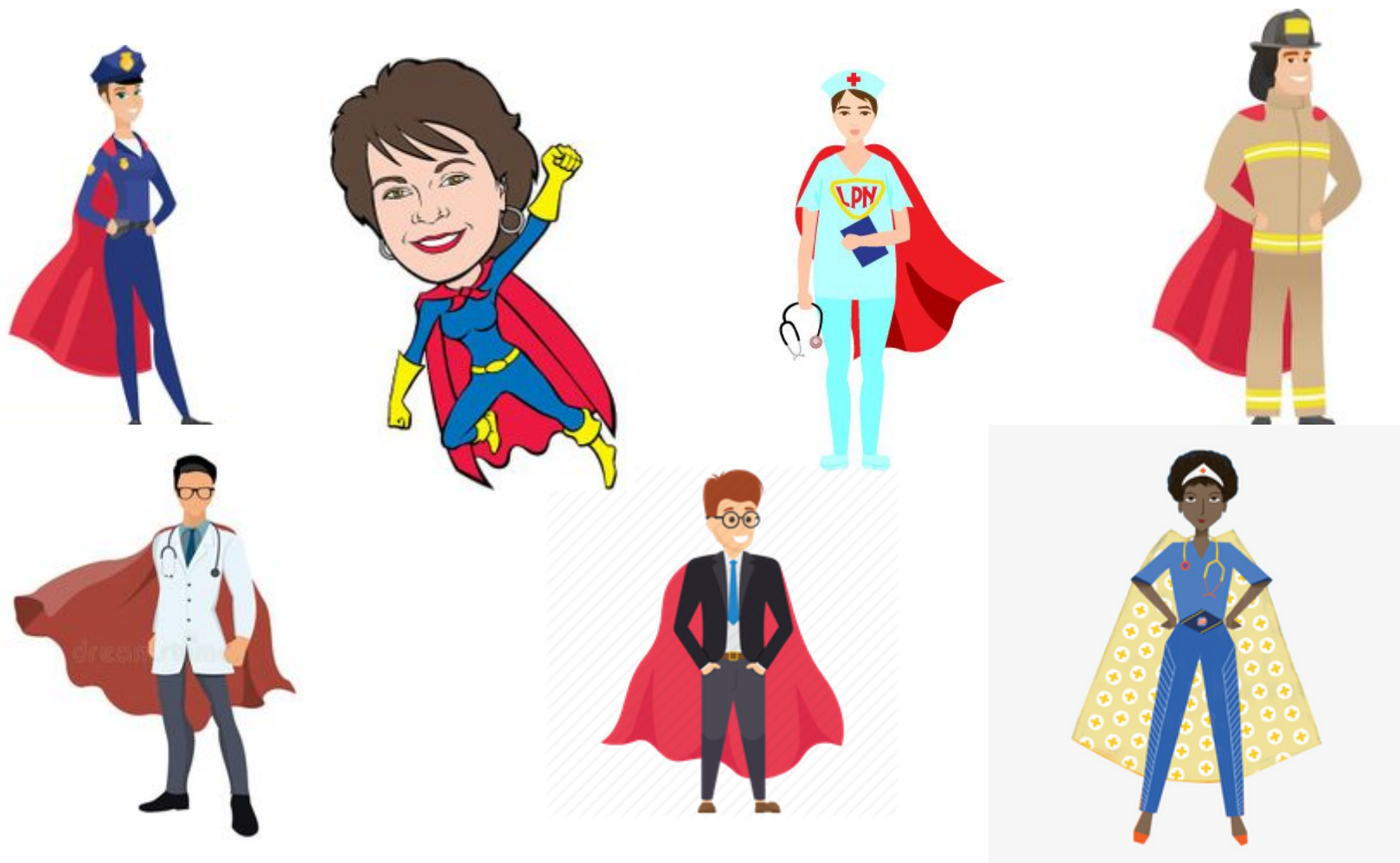
The naughty germ can make us sick, especially old people. It can make us cough, feel hot or like it's a bit hard to breathe.



While the naughty germ is around we can do some things to keep ourselves safe. We should wash our hands lots and stay at home. We will all be ok if we do this.



**There are also lots of superheros in the world doing special jobs at the moment to help protect us from the naughty germ.**



Superheros are people like doctors, nurses, police, firefighters and people that work to make us food.





The superheroes don't stay at home. They go to work each day to help the sick people, keep us safe and make sure there is plenty of food for us to eat in the supermarket.



My \_\_\_\_\_ is a Superhero!  
(insert name/s)





My superhero has a super  
important job which helps us  
all. They do \_\_\_\_\_.  
(insert explanation of job)



While my superhero is at work I will stay  
with \_\_\_\_\_. They will help keep me  
(insert name) safe.

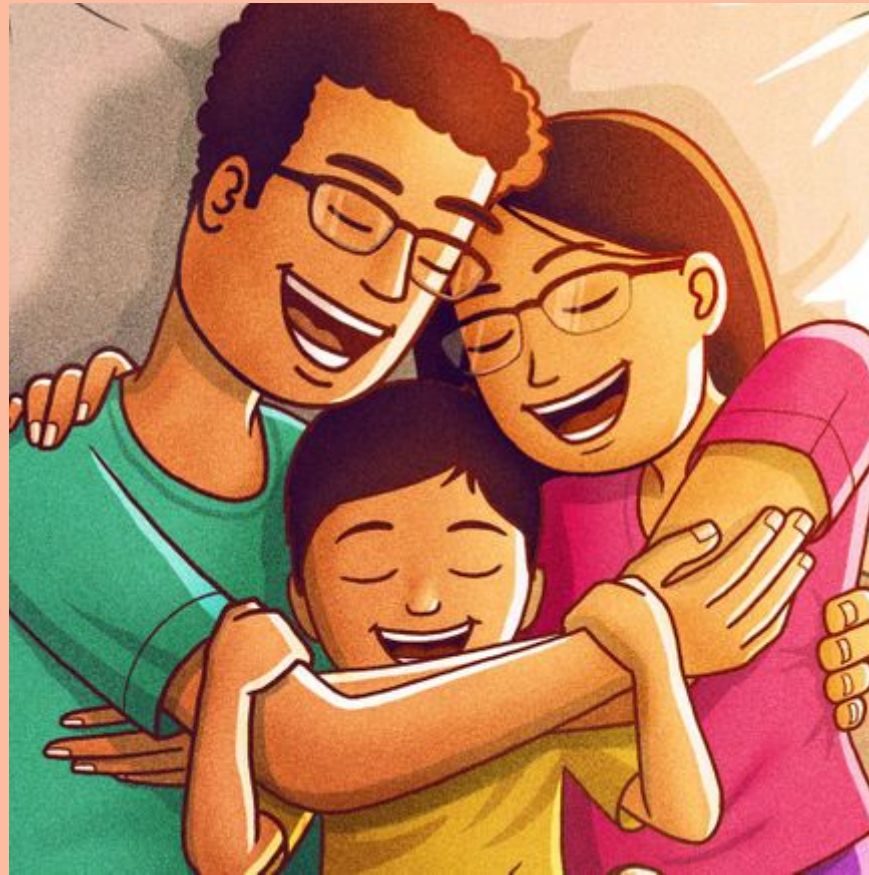


My superhero will be safe at work too because they are being very careful. They wear special clothes like gloves, face masks, gowns and protective glasses to keep them safe from the naughty germ.



**I don't need to worry about my superhero because they are strong and smart. They will be ok.**





When my superhero comes home they will have a shower before they hug or kiss me. This is to help keep me safe. After their shower we can have lots of cuddles and play together.



Being a superhero is hard work. My superhero might be tired when they come home from work so they might need a nap or some quiet time before we can play.





**The superheroes will win against the naughty germ and his friends!**



(insert name/s)

I love my superhero \_\_\_\_\_  
and I am proud they are helping all the  
people when they go to work each day.